

Concord Recreation Youth Track Program

23rd Track and Field Clinic

For: **Boys and Girls, grades 3 - 6** (grade for '24-'25 school yr.)

Location: Skip O'Connor Track at Emerson Playground

When: **Fri. May 2 5:15 – 7:00**
Fri. May 9 5:15 – 7:00
Sun. May 18 6:00 – 7:45 scrimmage at Bedford HS
Fri. May 30 5:15 – 7:00
Fri. June 6 5:15 – 7:00
Fri. June 13 rain date

Local Meet at Burlington HS:

Sat. June 14 5:00 – 6:25 3rd – 4th gr.
6:30 – 8:00 5th – 6th gr.

Cost: \$145

Does your child like to run? to race? Is he or she fast?

Enjoy this lifetime activity and learn about this Olympic sport!!

Running, Jumping, Throwing, and a 4 x 100 Relay

Come to this informal and fun track and field clinic designed to familiarize participants with this universal sport. The emphasis is on participating, learning, improving, and doing the best one can.

Track events include the 100, 200, and 400 meters for all grades, the 50 meter dash for 3rd and 4th graders, and the 800 meters for the 5th and 6th graders. Field events include the softball throw for distance and the running long jump. There is also the 4 x 100 meter relay race. Come with your relay team together, or we will create and put you on one.

The events are contested by grade - - the 3rd and 4th grades together, and the 5th and 6th grades together - - based on the current ('24-'25) school year.

Register with the Recreation Department on-line, in person at the Hunt Gym, or by calling 287-1050.