

Welcome OTTERS!!

Swim practice begins the week of Monday October 2. We are getting ready for another great season. This letter contains a lot of important information, please read all of it. Updates will be sent via email. We also use our [Otters Facebook Page](#) and our [Otters Instagram Account](#) to get Otters news out to parents.

Otters Fall/Winter Practice Schedule: 2023-2024

Program	Mon	Tu	Wed	Thur	Fri	
Junior Otters		5-5:45		5-5:45		
Otters 8 & under	5-5:45		5-5:45		5-5:45	
Otters 9-10	5:45-6:45	5:45-6:45	5:45-6:45	5:45-6:45	5:45-6:45	
Otters 11 & Up	6:45-8:15	6:45-8:15	6:45-8:15	6:45-8:15	6:45-8:15	

Practice may be cancelled in the event of a CCHS Swim and Dive Meet being held at Beede. If a practice is cancelled swimmers are welcome to attend practice on a different day.

MetroWest League Meet Schedule:

Before each swim meet parents will receive a Signup Genius to register their swimmers for the swim meet. You must fill out the Signup Genius in order to be added to the swim meet. Please no individual emails.

We have 8 Metrowest League meets and swimmers are required to participate in a minimum of 5 League meets in order to compete at the Championship meet in March. This is a League rule. We have 1 Away meets this year at Wayland. Please sign up for that as well.

Otters Fall/Winter Swim Meet Schedule: 2023-2024

Meet Schedule:

Otters vs. Flaherty TBD

Otters vs. Mystic Dec 2 @Beede

Otters vs. Wayside and BSS Dec 9 @Beede

Otters vs. Longfellow Jan 6 @ Beede

Otters vs. Swym/West Jan 20 @Beede

Otters vs. Wayland Feb 3 @Wayland

Otters vs. Thoreau Feb 10 @ Beede

Otters vs. Hayden Feb 17 @Beede

TBA Mar 2 @Beede

Team Suit:

We have a new team suit this year! You may purchase the suit on the [Otters SwimOutlet Team Store](#). To keep life simple the team is back to Navy with the white Otter logo. There are multiple navy suits to choose from, just pick one. I am hoping with multiple suits to choose from you should not have to worry about our suits being sold out. Also in our team store is additional apparel if you choose to purchase for your swimmer. Otters receives a percentage of any proceeds which is used to purchase extra equipment.

Swim Caps and T-shirts are included when you sign up for Otters. FYI, we are back to the tie-dyed swim cap.

Please purchase goggles! And more than one pair. We waste a lot of time over goggle issues. The goggles on the team site are cheap and effective. Fins should be purchased as well. There are fins at the bottom of our team page. Use one size smaller than your swimmers' shoe size to purchase fins. These fins run a bit large.

Parent Volunteer Sign Ups for League Meets:

Before each swim meet parents will receive a Signup Genius to register for volunteer positions at each swim meet. Even if it is an away swim meet we will still need volunteers!

Please sign up to volunteer in at least 3 meets. Detailed description of the volunteering positions and expectations is provided in this letter.

Volunteering:

Parents will be expected to volunteer in at least 3 League meets. The necessary positions and descriptions are listed below.

- **Volunteer Organizer:** Responsible for checking in Otter Volunteers at the beginning of the meets and letting the backup volunteers know if they will be needed or not.
- **Timers:** Responsible for starting and stopping the stopwatches at the beginning and end of races and recording the times on the heat sheets.
- **Computer:** Responsible for inputting the times into the computer that calculates the places and scores the overall meet.
- **Bullpen:** Responsible for getting the swimmers to the blocks.
- **Starter:** Responsible for starting each event and calling back swimmers for false starts.
- **Stroke & Turn Judges:** Responsible for watching swimmers and determining if they are swimming according to regulations and disqualifying those who are swimming incorrectly.
- **Runners:** Responsible for collecting timer sheets from timers.
- **Ribbons:** Responsible for putting ribbon labels on ribbons. (This will take place during practice time on the week after the meet.)

First Day Tips:

Bag Tags – These will be issued and attached to your child's swim bag when they check in at the front desk for their first practice. This pass will need to be shown to the front desk every time the swimmer enters the building for Otters practices and meets.

Showers – **All Otters must take a shower before entering the pool.** Those who show up to practice dry will be sent back to the locker rooms to take a shower.

Equipment – All Otters should arrive on deck having showered, with their goggles, and with the hair in a cap.

Lower Lobby - Congregating on the stairs or allowing children to play in front of the locker room doors or in the lobby is unsafe for those using the facility. For safety reasons the stairwell, locker room doors, and lower lobby area need to remain free and clear of toys and/or people. Please use the upper lobby and spectator seating while waiting for your child's practice to finish.

Swimming before or after practice- Only members are allowed to use the facility outside of practice times.

Drop Off Policy – There must be someone over at 18 in the facility during practice times who will be responsible for your child in case your child should become sick, forget their equipment or in the unlikely event that an injury occurs.

Where to meet – Otters should meet on the pool deck by the therapy pool at the start of each practice. Please make every effort to get your child to practice on time.

Looking forward to another fantastic season,

Maureen